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## **Confined Space Awareness Training**

### **Who's the course for**

This course is designed specifically for those personnel who are assessing confined spaces and those who may enter or work within a confined space.

### **Aims**

To enable delegates to understand the principles of confined space working and the legal obligations imposed by the Confined Spaces Regulations 1997.

### **Learning Objectives**

**On completion of the training successful candidates should be able to:**

- Appreciate the principles of confined space working.
- Have an understanding of the legal obligations of the Confined Spaces Regulations 1997 and associated legislation.

Complete a practical exercise using appropriate equipment.

### **Outline Programme**

**The course includes sessions on:**

- Legal obligations of the Confined Spaces Regulations and associated regulations.
- Hazards associated with confined space working when working underground.
- Appreciation of the hierarchy of confined space risk assessments.
- Planning Safe Systems of Work

Practical exercise in a 'live' environment or simulation.

- Use of gas detection equipment
- Use of escape breathing apparatus
- Use of personal protection and safety equipment, tripod, winch, harness and safety lines

### **Length:**

1 day, 09:00 - 15:30

### **Venue:**

The course can be run In-house or at a suitable local venue

### **No. of Attendees:**

Maximum of 12

Please phone for dates and venues.

In-house courses tailored to meet the needs of the client can be arranged upon request.